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Publications - Peer Review

The coach as an architect of Danish high- performance sport environments

Henriksen, K., Dideriksen, S., Kuettel, A., Schlawe, A. & Storm, L. K., Sept 2025, In: Psychology of Sport and Exercise. 80, 9 p., 102877.

The role of high-performance sport environments in mental health: an international society of sport psychology consensus statement

Henriksen, K., Huang, Z., Bartley, J., Kenttä, G., Purcell, R., Wagstaff, C. R. D., Si, G., Ge, Y. & Schinke, R., 23. Dec 2024, (E-pub ahead of print) In: International Journal of Sport and Exercise Psychology.

The Team Denmark applied model of athlete mental health

Henriksen, K., Diment, G. M. & Küttel, A., 2024, In: International Journal of Sport and Exercise Psychology. 22, 9, p. 2325-2341

Towards an ecology of athletes' career transitions: conceptualization and working models

Henriksen, K., Stambulova, N., Storm, L. K. & Schinke, R., 2024, In: International Journal of Sport and Exercise Psychology. 22, 7, p. 1684-1697

The social environment of talent development in youth sport

Henriksen, K. & Stambulova, N., 13. Feb 2023, In: Frontiers in Sports and Active Living. 5, 7 p., 1127151.

The Magic of Mindfulness in Sport

Henriksen, K., 1. Sept 2022, In: Frontiers for Young Minds. 10, 683827.

A holistic ecological approach to sport and study: The case of an athlete friendly university in Denmark

Henriksen, K., Storm, L. K., Küttel, A., Linnér, L. & Stambulova, N., Mar 2020, In: Psychology of Sport and Exercise. 47, 12 p., 101637.

Athlete mental health in the Olympic/Paralympic quadrennium: a multi-societal consensus statement

Henriksen, K., Schinke, R. J., McCann, S., Durand-Bush, N., Moesch, K., Parham, W., Larsen, C. H., Cogan, K., Donaldsen, A., Poczwardowski, A., Noce, F. & Hunziker, J., 7. Apr 2020, In: International Journal of Sport and Exercise Psychology. 18, 3, p. 391-408

Consensus statement on improving the mental health of high performance athletes

Henriksen, K., Schinke, R., Moesch, K., McCann, S., Parham, W., Larsen, C. H. & Terry, P., 2. Sept 2020, In: International Journal of Sport and Exercise Psychology. 18, 5, p. 553-560

Successful and Less Successful Interventions with Youth and Senior Athletes: Insights from Expert Sport Psychology Practitioners

Henriksen, K., Storm, L. K., Stambulova, N., Pyrdol, N. & Larsen, C. H., 2019, In: Journal of Clinical Sport Psychology. 13 , 1, p. 72-94

The values compass: Helping athletes act in accordance with their values through functional analysis

Henriksen, K., 2. Oct 2019, In: Journal of Sport Psychology in Action. 10, 4, p. 199-207

Dare to Prepare for Reality: Helping National Orienteering Team Athletes Handle Adversity

Henriksen, K., Jan 2018, In: Case Studies in Sport and Exercise Psychology . 2, 1, p. 30-35

Sportspsykologi under OL: En dansk sejler-besætning i modvind

Henriksen, K., Oct 2018, In: Scandinavian Journal of Sport and Exercise Psychology. 1, 1, 9 p.

Developing a High-Performance Culture: A Sport Psychology Intervention From an Ecological Perspective in Elite Orienteering

Henriksen, K., 2015, In: Journal of Sport Psychology in Action. 6, 3, p. 141-153

Sport psychology at the Olympics: The case of a Danish sailing crew in a head wind

Henriksen, K., Feb 2015, In: International Journal of Sport and Exercise Psychology. 13, 1, p. 43-55

Looking at success from its opposite pole: The case of a talent development golf environment in Denmark

Henriksen, K., Larsen, C. H. & Christensen, M. K., Apr 2014, In: International Journal of Sport and Exercise Psychology. 12, 2, p. 134-149

Reality and Dreams: A Comparison of Elite Athletes' Experienced Career Paths with Young Talented Athletes' Imagined Career Paths

Henriksen, K. & Mortensen, J., 2014, In: Scandinavian Sport Studies Forum. 5, p. 69-91 23 p.

Sport Psychology Interventions with Young Athletes: The Perspective of the Sport Psychology Practitioner

Henriksen, K., Larsen, C. H., Storm, L. K. & Ryom, K., 1. Sept 2014, In: Journal of Clinical Sport Psychology. 8, 3, p. 245-260 16 p.

Professional Philosophy: Inside the delivery of sport psychology service at Team Denmark

Henriksen, K. & Diment, G., 2011, In: Sport Science Review. XX, 1-2, p. 5-21 17 p.

Riding the wave of an expert: A successful talent development environment in kayaking

Henriksen, K., Stambulova, N. & Roessler, K. K., Sept 2011, In: Sport Psychologist. 25, 3, p. 341-362 22 p.

Holistic Approach To Athletic Talent Development Environments: A Successful Sailing Milieu

Henriksen, K., Stambulova, N. & Roessler, K. K., May 2010, In: Psychology of Sport and Exercise. 2010, 11, p. 212-222 11 p.

Successful talent development in track and field: Considering the role of environment

Henriksen, K., Stambulova, N. & Roessler, K. K., 1. Oct 2010, In: Scandinavian Journal of Medicine & Science in Sports. 20 , Suppl 2, p. 122-32 11 p.

Books

Publications - Dissemination

Højintensitetssportsgrene i et psykologisk perspektiv

Henriksen, K., Elbe, A.-M. & Wikman, J. M., 2010, Sport med høj-intens træning og konkurrence. Team Danmark, p. 5-8 4 p.

Employments and Education

Current Employment

Professor at the Institute of Sport Science and Clinical Biomechanics, University of Southern Denmark. This employment includes a specialized function as Sport Psychology Practitioner in Team Denmark (the Danish Elite sport Organization)

Education

2010 PhD, Sport Science, Faculty of Health Sciences, University of Southern Denmark 2001 Masters degree in psychology and licensed psychologist, Aarhus University 1997 Bachelors degree in psychology, Aarhus University

Awards and Honors

2013: Recipient of the "Developing Scholar Award" of the International Society of Sport Psychology (ISSP) at the ISSP 13th world congress of sport psychology, Beijing, China 2014: Winner of "Best Pedagogical Development Project" during the Lecturer Training Program, at University of Southern Denmark

Positions Held

2016-2021 Associate professor, University of Southern Denmark.

2012-2016 assistant professor, University of Southern Denmark.

2010-2012 Post Doc: Institute of Sport Science and Clinical Biomechanics, University of Southern Denmark.

2008-today: Sport psychologist, Team Denmark

2006-2010 Ph.D, Student, Institute of Sport Science and Clinical Biomechanics, University of Southern Denmark.

2002-2006: Day to day manager and teacher at Oure International College of Sport and performance.