

Kristoffer Henriksen
Department of Sports Science and Clinical Biomechanics
Research Unit of Psychology of Sport, Excellence and Health
Email: khenriksen@health.sdu.dk
Phone: +4565503497



Publications - Peer Review

The role of high-performance sport environments in mental health: an international society of sport psychology consensus statement

Henriksen, K., Huang, Z., Bartley, J., Kenttä, G., Purcell, R., Wagstaff, C. R. D., Si, G., Ge, Y. & Schinke, R., 2026, In: International Journal of Sport and Exercise Psychology. 24, 2, p. 269-291

Exploring Mental Health and Performance Dynamics in Danish Elite Athletes: Insights From Two Case Studies

Küttel, A., Henriksen, K., Oblinger-Peters, V., Book, R. T. & Storm, L. K., Feb 2026, In: Performance Enhancement & Health. 14, 1, 10 p., 100403.

The core literacies of sport psychology scientist-practitioners

Schinke, R., Stambulova, N., Henriksen, K., Raab, M., Cosh, S., Wagstaff, C. R. D., Bartley, J. & Quartiroli, A., 2026, (E-pub ahead of print) In: International Journal of Sport and Exercise Psychology.

Overcoming mental fatigue through mindfulness: Improving physical and cognitive performance in elite handball players

Staiano, W., Sternberg, L. M., Ferri-Caruana, A., Salazar Bonet, L., Romagnoli, M., Henriksen, K. & Kirk, U., Jan 2026, In: Journal of Science and Medicine in Sport. 29, 1, p. 91-99

Beyond self-compassion: a scoping review of other-focused compassion in competitive sports environments

Backman, E., Henriksen, K. & Zettler, I., 26. Jun 2025, (E-pub ahead of print) In: International Journal of Sport and Exercise Psychology. 28 p.

Evaluation of a compassion-based intervention targeting high-performance coaches

Backman, E., Kenttä, G., Henriksen, K., Hejl, C. & Zettler, I., 31. Jul 2025, (E-pub ahead of print) In: Journal of Applied Sport Psychology. 27 p.

Competent cultural leadership in youth sport: A modified delphi study

Dideriksen, S., Henriksen, K., Stambulova, N. & Storm, L. K., 2025, (E-pub ahead of print) In: International Journal of Sports Science and Coaching.

The coach as an architect of Danish high- performance sport environments

Henriksen, K., Dideriksen, S., Kuettel, A., Schlawe, A. & Storm, L. K., Sept 2025, In: Psychology of Sport and Exercise. 80, 9 p., 102877.

Children's Football Environment in Denmark: A Case Study From the Holistic Ecological Approach

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Searching for meaning and purpose in elite sport: A narrative review of sport psychology literature with theoretical insights from psychology

Oblinger-Peters, V., Henriksen, K. & Ronkainen, N. J., Jan 2025, In: Psychology of Sport and Exercise. 76, 15 p., 102725.

Developing 'whole people': a case-study of a sports-friendly school

Poole, R., Knight, C. J., Lovett, V. E., Hill, D. M., Harwood, C. G. & Henriksen, K., 2025, In: Qualitative Research in Sport, Exercise and Health. 17, 5, p. 416-434

Experiences of Sport Psychology Practitioners Working in Professional and Olympic Sport Organizations

Sadler, S. M., Gamble, A. M., Henriksen, K., Wylleman, P., Tshube, T., Kuan, G., Huang, L. W., Chang, Y. K., Tsebe, K., Charbonneau, D. & Roy, J., 2025, In: Journal of Sport Psychology in Action. 16, 4, p. 247-260

Features of Successful Talent-Development Environments in Norwegian Professional Women's Football

Sæther, S. A., Banne, H. B., Larsen, C. H., Storm, L. K., Schlawe, A. & Henriksen, K., 2025, In: Case Studies in Sport and Exercise Psychology . 9, 1, p. 39-49

The high-performance sport environment: laying the foundation for a new research topic

Schlawe, A., Christiansen, A. V. & Henriksen, K., 11. Mar 2025, In: Frontiers in Sports and Active Living. 7, 10 p., 1503199.

Talent Transfer Through the Eyes of Two Danish Elite Sport Athletes

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"When You Understand the Environment, You Can Navigate the Transition Better": Supporting Professional Football Players in Transitions to Clubs Abroad

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"We are their last chance": A case study of a college basketball environment in an American underserved community

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Physical Therapists' Use of Psychological Skills Training in Rehabilitation Following Traumatic Knee Injury: An Online Survey Study

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The Team Denmark applied model of athlete mental health

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Towards an ecology of athletes' career transitions: conceptualization and working models

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International Society of Sport Psychology position stand: scientist practitioners

Schinke, R., Wylleman, P., Henriksen, K., Si, G., Wagstaff, C. R. D., Zhang, L., Tshayang, T., Noce, F. & Li, Y., 2024, In: International Journal of Sport and Exercise Psychology. 22, 1, p. 1-23

International society of sport psychology position stand: elite athlete mental health revisited

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Cultural Leadership in Physical Education and Youth Sport: Consensus from a Nordic Think Tank

Storm, L. K., Svendsen, A. M., Stambulova, N., Barker, D., Ronkainen, N., Bjørndal, C. T., Larsen, S. H., Book Jr, R., Kuettel, A., Larsen, C. H. & Henriksen, K., 10. Apr 2024, In: Scandinavian Journal of Sport and Exercise Psychology. 6, p. 1-9

The social environment of talent development in youth sport

Henriksen, K. & Stambulova, N., 13. Feb 2023, In: Frontiers in Sports and Active Living. 5, 7 p., 1127151.

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Facilitating Student-Athletes' Dual Career Transition: A Scandinavian University Case Study

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Organisational cultures of two successful Scandinavian handball talent development environments: A comparative case study

Storm, L. K., Ronglan, L. T., Henriksen, K. & Christensen, M. K., 2022, In: Sports Coaching Review. 11, 2, p. 147-169

Oatmeal is better than no meal: the career pathways of African American male professional athletes from underserved communities in the United States

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Sink or swim: career narratives of two African American athletes from underserved communities in the United States

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Schinke, R. J., Henriksen, K., Petersen, B., Wylleman, P., Si, G., Zhang, L., McCann, S. & Papaioannou, A., Jun 2021, In: International Journal of Sport and Exercise Psychology. 19, 3, p. 295-309

Career development and transitions of athletes: the International Society of Sport Psychology Position Stand Revisited

Stambulova, N. B., Ryba, T. V. & Henriksen, K., 2021, In: International Journal of Sport and Exercise Psychology. 19, 4, p. 524-550

Ten essential features of European dual career development environments: A multiple case study

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Udvikling og testning af det Danske Talentudviklingsmiljø-Spørgeskema (DTS) – et redskab til at måle kvalitet og karakteristika af lokale talentmiljøer

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Team Denmark's sport psychology professional philosophy 2.0

Diment, G., Henriksen, K. & Larsen, C. H., 11. Feb 2020, In: Scandinavian Journal of Sport and Exercise Psychology. 2, p. 16-32

A holistic ecological approach to sport and study: The case of an athlete friendly university in Denmark

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Henriksen, K., Schinke, R. J., McCann, S., Durand-Bush, N., Moesch, K., Parham, W., Larsen, C. H., Cogan, K., Donaldsen, A., Poczwadowski, A., Noce, F. & Hunziker, J., 7. Apr 2020, In: International Journal of Sport and Exercise Psychology. 18, 3, p. 391-408

Consensus statement on improving the mental health of high performance athletes

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A world class academy in professional football: The case of Ajax Amsterdam

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Henriksen, K., 2. Oct 2019, In: Journal of Sport Psychology in Action. 10, 4, p. 199-207

Talent Development in Football—A Holistic Perspective: The Case of KRC Genk

Ryom, K., Ravn, M., Düring, R. & Henriksen, K., 2019, In: International Sport Coaching Journal. 7, 3, p. 360-369

Catch the Feeling of Flying: Guided Walks Through a Trampoline Olympic Development Environment

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Dare to Prepare for Reality: Helping National Orienteering Team Athletes Handle Adversity

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Sportspsykologi under OL: En dansk sejler-besætning i modvind

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Player-Driven Video Analysis to Enhance Reflective Soccer Practice in Talent Development

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Soccer Across Cultures: An Innovative Course to Develop Physical Education Teachers’ Cultural Competence

Hoyer, S. S. & Henriksen, K., 8. Nov 2018, In: Journal of Physical Education, Recreation & Dance. 89, 9, p. 39-50

“Organizing for Excellence”: Stress-Recovery States in the Danish National Orienteering Team during a Training Camp and the 2015 World Championship

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Henriksen, K., Feb 2015, In: International Journal of Sport and Exercise Psychology. 13, 1, p. 43-55

Psychological momentum in team sport: An intervention program in professional soccer

Larsen, C. H. & Henriksen, K., May 2015, In: Sport Science Review. 24, 1-2, p. 27-39

Looking at success from its opposite pole: The case of a talent development golf environment in Denmark

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Reality and Dreams: A Comparison of Elite Athletes' Experienced Career Paths with Young Talented Athletes' Imagined Career Paths

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Sport Psychology Interventions with Young Athletes: The Perspective of the Sport Psychology Practitioner

Henriksen, K., Larsen, C. H., Storm, L. K. & Ryom, K., 1. Sept 2014, In: Journal of Clinical Sport Psychology. 8, 3, p. 245-260 16 p.

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Preparing footballers for the next step: An intervention program from an ecological perspective

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Successful talent development in soccer: The characteristics of the environment

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Tales from the future: A Narrative Investigation of the Imagined Career Paths in Young Athletes

Mortensen, J., Henriksen, K. & Stelter, R., 2013, In: Sport Science Review. 22, 5-6, p. 305-327

Specialization pathways among elite Danish athletes: A look at the developmental model of sport participation from a cultural perspective

Storm, L. K., Christensen, M. K. & Henriksen, K., 2012, In: International Journal of Sport Psychology. 43, 3, p. 199-223

Professional Philosophy: Inside the delivery of sport psychology service at Team Denmark

Henriksen, K. & Diment, G., 2011, In: Sport Science Review. XX, 1-2, p. 5-21 17 p.

Riding the wave of an expert: A successful talent development environment in kayaking

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Holistic Approach To Athletic Talent Development Environments: A Successful Sailing Milieu

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Successful talent development in track and field: Considering the role of environment

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Books

Publications - Dissemination

Ecology of Dual Careers - Report Work Package 3 (Denmark): Dual Career Development Environment Monitoring Tool (DCDEM)

Küttel, A., Storm, L. K. & Henriksen, K., Nov 2019, *Erasmus plus report*.

Dual Career Development Environment Case Study Results – Denmark

Storm, L. K., Küttel, A. & Henriksen, K., 2019, *Ecology of Dual Careers: Work Package 2 Report*. Morris, R. & Cartigny, E. (eds.). Liverpool John Moores University, p. 38-62

Højintensitets sportsgrene i et psykologisk perspektiv

Henriksen, K., Elbe, A.-M. & Wikman, J. M., 2010, *Sport med høj-intens træning og konkurrence*. Team Danmark, p. 5-8
4 p.

Employments and Education

Current Employment

Professor at the Institute of Sport Science and Clinical Biomechanics, University of Southern Denmark. This employment includes a specialized function as Sport Psychology Practitioner in Team Denmark (the Danish Elite sport Organization)

Education

2010 PhD, Sport Science, Faculty of Health Sciences, University of Southern Denmark

2001 Masters degree in psychology and licensed psychologist, Aarhus University

1997 Bachelors degree in psychology, Aarhus University

Awards and Honors

2013: Recipient of the “Developing Scholar Award” of the International Society of Sport Psychology (ISSP) at the ISSP 13th world congress of sport psychology, Beijing, China

2014: Winner of “Best Pedagogical Development Project” during the Lecturer Training Program, at University of Southern Denmark

Positions Held

2016-2021 Associate professor, University of Southern Denmark.

2012-2016 assistant professor, University of Southern Denmark.

2010-2012 Post Doc: Institute of Sport Science and Clinical Biomechanics, University of Southern Denmark.

2008-today: Sport psychologist, Team Denmark

2006-2010 Ph.D, Student, Institute of Sport Science and Clinical Biomechanics, University of Southern Denmark.

2002-2006: Day to day manager and teacher at Oure International College of Sport and performance.